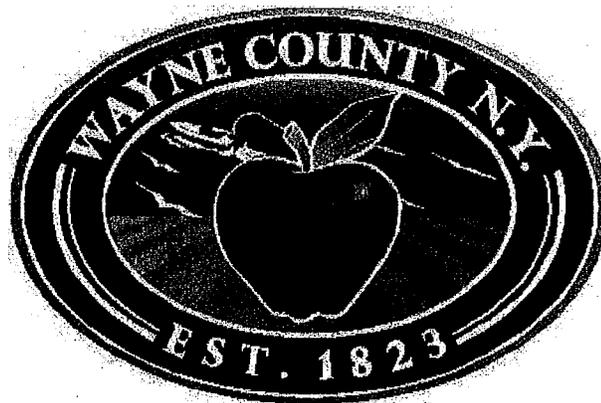


# DEPARTMENT OF AGING AND YOUTH



## 2012 ANNUAL REPORT

**Penny Shockley, Director**

**Martin Williams, Deputy Director of Aging Services**

**Kathy McGonigal, Deputy Director of Youth Services**

## **2012 AGING SERVICES HIGHLIGHTS**

### **HELPING TO MANAGE CHRONIC DISEASES**

The Administration on Aging has recently required organizations that accept Title III-D funding to provide evidence-based health promotion programs with this money. The Department of Aging and Youth—in cooperation with Wayne County Action Program—has selected Stanford University's Chronic Disease Self-Management Program (CDSMP).

The CDSMP helps people with chronic diseases (e.g. diabetes, heart disease, arthritis, asthma) control their symptoms and learn how to reduce the negative effects that their condition may have on their lives. Two trained peer leaders—who often have chronic diseases themselves—facilitate a series of six weekly interactive workshops. Attendees learn about techniques to deal with problems such as frustration, fatigue, and pain; appropriate exercise for maintaining and improving strength and flexibility; appropriate use of medications; communicating effectively with family, friends, and health professionals; and the benefits of good nutrition.

Lisa Zonneville, a master trainer and the Department of Aging and Youth's nutrition services coordinator, and Donna Johnson, Wayne County Action Program's Program Administrator, facilitated a peer leader training in September and October 2012. The twelve attendees who completed the class are now qualified to lead (with a trained partner) their own CDSMP sessions that will be open to the public.

Researchers report that CDSMP participants have demonstrated significant improvements in exercise, symptom management, communication with physicians, self-reported general health, fatigue, and social activities limitations. Participants also spent fewer days in the hospital and also tended to have fewer outpatient visits. Many of these results last for as long as three years. We look forward to offering these potentially life-changing workshops locally.

### **WORKING TO INTEGRATE SERVICES**

The New York State Office the Aging (NYSOFA) was recently awarded grants from Administration on Aging/Administration for Community Living to advance "systems integration" in aging and disability services throughout the state. NYSOFA will be working with local offices for the aging, their NY Connects programs, and regional Alzheimer's Association chapters to create a more coordinated system of long-term care services.

The Department of Aging and Youth has built a strong and responsive NY Connects program. The Systems Integration grant will give us the opportunity to expand the scope of our information and assistance services, introduce national standards into our Options Counseling services, develop formal cross-referral policies with other agencies and organizations, improve our ability to serve individuals with dementia and their caregivers, and expand our consumers' access to Medicaid and other public benefits programs.

Identity thieves nationwide are increasingly finding that older adults make excellent targets of identity theft. Why? Older adults are more likely to have a “nest egg” and excellent credit, tend to be more trusting than younger individuals, and—especially for those seniors less able to attend activities and events outside the home—are more likely to respond positively to unsolicited phone calls. Older adults are also less likely to report fraud because they don’t know who to report it to, are too ashamed at having been scammed, or don’t even realize that they have been scammed. Older victims may also not report crimes because they are concerned that relatives may think they no longer have the mental capacity to manage their financial affairs.

In an effort to educate older Wayne County residents about how to prevent the incredible amount of financial and emotional damage identity theft can cause, the Department of Aging and Youth invited Anne Smith of Lifespan to present an educational program to the Wayne County Long-term Care Council members and to seniors and agency representatives who attended the Department’s public hearing. We reached over 200 seniors and 75 agency representatives through this programming. We also feature articles in our quarterly newsletter to help seniors avoid becoming victims of identity theft and other cons and scams.

The Department of Aging and Youth is also represented on the Finger Lakes Elder Abuse and Identity Theft Coalition. The Coalition helps to educate older persons and agencies that serve older persons about preventive strategies and to assist individuals who become victims of identity theft to take appropriate legal action to recover assets and receive supportive services to restore a sense of safety and integrity.

### **MEETING TRANSPORTATION NEEDS**

The Wayne County Department of Aging and Youth had been providing one or two bus passes per month to seniors who ride WATS buses to dialysis centers, all of which are located outside of Wayne County. The combination of state budget cuts and a WATS rate increase (from \$13 to \$20 per round trip to destinations outside of Wayne County) left us with three options: eliminate this assistance altogether, serve significantly fewer seniors, or look to outside funding to keep this help available.

We are pleased to note that the Department applied for and received a \$5,000 grant from the Wayne County Community Endowment (Rochester Area Community Foundation) to assist seniors in paying for WATS transportation to dialysis appointments—enough to pay for 250 additional round-trip passes.

We are also excited to share that Newark-Wayne Community Hospital is partnering with a dialysis treatment center to locate a dialysis center in the Newark area. Not only will this be much more convenient for the individuals who utilize this service, transportation costs will be significantly lower for the both the Department of Aging and Youth and WATS.

<b>DEMOGRAPHIC OVERVIEW OF SENIORS SERVED IN 2012</b>	
<b>Total individuals served (all programs, all ages)*</b>	<b>2,974</b>
<b>Total seniors served (all programs, age 60+)</b>	<b>2,769</b>
Age 60 – 74	1,497
Age 75 – 84	782
Age 85+	490
Low income (<150% of federal poverty level)	1,227
Members of minority groups	130
Frail or disabled	1,164
Live alone	1,245

\*While most services require participants to be age 60 or older, the Insurance Counseling, Home Energy Assistance, Home Delivered Meals, and Lunch Club 60 programs allow us to serve individuals under age 60 in certain situations.

## COMMUNITY AND CAREGIVER SERVICES

**Staff:** Janet Freeman, Senior Caseworker  
Don Combes, Services Assistant  
Nicole Grevell, Caseworker  
Marsha Walker, Caseworker  
Dotty Whitcomb, R.N.

**Contracts:** Lifetime Care (aide service)

***Aide Service:*** The department contracts with Lifetime Care to provide personal care and homemaker services. The cost of service is based on income. The goal of the program is to help seniors continue to live safely and independently in their own homes or apartments.

***Caregiver Services:*** Caregiver Services includes educational programs and support groups for caregivers of older relatives.

***Case Management:*** Case Management is provided to everyone who receives aide service but may also be provided on its own. Caseworkers are available to meet with seniors and their family members to assess the need for a variety of community-based services and to assist with organizing and setting up these services. The goal of case management is to assist seniors in preserving or increasing their independence and to stay safely in their own homes and apartments as long as possible.

***Long-term Care Ombudsman Program:*** Ombudsmen are New York State trained and licensed volunteers who are assigned to local nursing homes and adult care homes. Their activities include receiving complaints, resolving problems, protecting resident rights, identifying adverse issues and conditions affecting residents, and providing information and assistance to improve and maintain residents' quality of life.

***Personal Emergency Response System:*** Personal emergency response units are available to people who are generally alone for at least eight hours a day and who have health conditions that may require immediate help. The Department's 175 units are monitored 24 hours a day by Wayne County's E-911 center. Units are assigned based on need. Units are available at no cost, but donations to offset program expenses are appreciated.

***Transportation:*** Whether you choose not to drive or prefer the convenience of door-to-door transportation, the Department of Aging and Youth can help you get to where you need to go. The department provides transportation for seniors to medical and agency appointments in Wayne County and the surrounding area. We also offer transportation for shopping and to several senior centers. Service is available to Wayne County residents age 60 and older. Rides are scheduled on a first-come first-served basis.

**COMMUNITY AND CAREGIVER SERVICES**

	<b>2012 Participants</b>	<b>2012 Units of Service</b>
Aide Service	118	12,916 hours
Caregiver Services	5	5
Case Management	163	2,951 hours
Ombudsman Program	150 visits	450 hours
Personal Emergency Response System	220	2,026 unit months
Transportation	100	3,235 one-way trips

## INFORMATION, ASSISTANCE, AND ADVOCACY SERVICES

**Staff:** Dawn Jendrick, Aging Services Specialist  
Amy Haskins, Services Assistant  
Kyra Smith, Services Assistant  
Margaret Voigt, Aging Services Worker

**Contracts:** Legal Assistance of Western New York, Inc.  
EmPower NY

**Case Assistance:** When seniors have situations that require more than a simple answer, department staff are trained to provide necessary information, make referrals to appropriate agencies, assist in obtaining benefits and services, and serve as advocates.

**Home Energy Assistance Program (HEAP):** HEAP assists persons with limited incomes in paying home heating costs. The Department of Social Services contracts with us to process HEAP applications for individuals age 60 and older or who are disabled and any age.

**Information:** The Department is a trusted source of information about aging-related issues. Each unit of service is a contact that staff made with the public or a question we were able to answer.

**Insurance Counseling:** We provide neutral, unbiased information about Medicare, supplemental insurance, HMOs, Medicaid, Medicare buy-in programs, EPIC, and long term care insurance. We also help with understanding billing questions, filing claims and appeals, and comparing policy coverage.

**Legal Assistance:** The Department contracts with Legal Assistance of Western New York to provide professional legal counseling and representation in civil matters to the seniors of Wayne County. Typical cases include benefit denials, landlord-tenant disputes, and consumer rights.

**NY Connects: Choices for Long-Term Care in Wayne County:** Long-term care encompasses the wide range of services and supports available to people with both chronic and short-term care needs. NY Connects provides unbiased and comprehensive information to individuals and families trying to access appropriate long-term care services. The goal is to reduce the need for and delay entry into more costly institutional care by encouraging the use of community-based services and offering better coordinating care.

**Weatherization:** Weatherization services assist low-income households in reducing energy consumption, lowering fuel bills, and increasing home comfort. Examples of services include drafty window and door replacement, insulation and weather stripping installation, and furnace cleaning/tune-up.

<b>INFORMATION, ASSISTANCE, AND ADVOCACY SERVICES</b>		
	<b>2012 Participants</b>	<b>2012 Units of Service</b>
Case Assistance	63	217 contacts
Home Energy Assistance Program	766	911 applications
Information	N/A	5,541 contacts
Insurance Counseling	664	3,110 contacts
Legal Assistance	59	147 hours
NY Connects: Choices for Long-term Care	675	1,266 contacts
Weatherization*	11	22 contacts

\*New York State funding for us to assess and refer seniors for Wayne County Action Program's Weatherization services ended March 31, 2012. All referrals and assessments are now handled directly by Wayne County Action Program.

## NUTRITION, HEALTH, AND WELLNESS SERVICES

**Staff:** Lisa Zonneville, Nutrition Services Coordinator  
Joan Howell, Palmyra Lunch Club 60 Manager  
Melissa Martinez, Wolcott Lunch Club 60 Manager  
Brenda Smith, Clyde Lunch Club 60 Manager

**Contracts:** Faith United Methodist Church (Wolcott Lunch Club 60)  
Geri Morse, R.D. (nutrition counseling, nutrition education, menu planning)  
Home Meal Service, Inc. (home delivered meals, Sodus Lunch Club 60)  
St. John's Catholic Church (Clyde Lunch Club 60)  
Town of Ontario (Ontario Lunch Club 60)  
Village of Newark (Newark Lunch Club 60)  
Village of Palmyra (Palmyra Lunch Club 60)  
Wayne ARC/Key Industries (meal preparation)

**Farmers' Market Coupons:** The department serves as a distribution point for the farmers' market coupon program operated by the New York State Department of Agriculture and Markets. Each booklet contains \$20 in coupons that can be used the same as cash at local farmers' markets.

**Health Promotion:** Nurses check blood pressure, pulse, and weight monthly at free wellness clinics at several locations throughout the county — including all of our Lunch Club 60 centers, with the exception of Newark. In addition, some of our Lunch Club 60 centers host the Bone Builders exercise/osteoporosis prevention program.

**Home Delivered Meals:** Home delivered meals are provided through our contract with Home Meal Service, Inc. Any person who is unable to shop or prepare food or who is nutritionally at-risk is eligible to receive meals. Meals are planned by our registered dietitian and meet 1/3 RDA requirements.

**Home Delivered Meals Case Management:** Every individual receiving home delivered meals is reassessed annually and is contacted at least once every six months to make sure that the meals are meeting each client's needs.

**Lunch Club 60:** Lunch Club 60 locations offer a number of programs and activities in addition to a hot, nutritious noontime meal. Centers are open from mid-morning to early afternoon Monday through Friday and meals are planned by our registered dietitian to meet all current dietary requirements.

**Nutrition Counseling:** Our registered dietitian is available to meet with seniors and/or caregivers to answer nutrition-related questions and to provide advice on making healthy menu choices.

**Nutrition Education:** Nutrition Education activities are provided in several formats on a monthly basis by our registered dietitian and nutrition services coordinator. Nutrition-related articles also appear in the department's quarterly newsletter.

**NUTRITION, HEALTH, AND WELLNESS SERVICES**

	<b>2012 Participants</b>	<b>2012 Units of Service</b>
Farmers' Market Coupons	650	650 booklets
Health Promotion	248	3,227 total attendees
Home Delivered Meals	294	35,845 meals
HDM Case Management	140	129 hours
Lunch Club 60	390	21,528 meals
Nutrition Counseling	75	47 hours
Nutrition Education	488	1,039 total attendees

**AGING SERVICES ADVISORY COUNCIL MEMBERS  
as of December 31, 2012**

Pat Albrecht, Galen

Barbara Campbell, Huron

Marianne DeBellis, Wayne County Department of Social Services

Dorothy DeMay, Arcadia

Bob Hansen, Arcadia

Peggy Hansen, Arcadia

Marylyn Ianiri, Sodus

Carm Krueger, Wayne County Action Program

Mary Ann Lane, Marion

David Nussbaumer, Palmyra

Susan Nussbaumer, Palmyra

Mae Pitts, Williamson

Alice Reynolds, Walworth

Elva Robinson, Sodus

Pam Taylor, Wolcott

# AGING SERVICES PROVIDED BY TOWN

1/1/2012 - 12/31/2012

<u>Arcadia</u>			<u>Butler</u>			<u>Galen</u>		
Program	# Served	477 residents served	Program	# Served	42 residents served	Program	# Served	169 residents served
Aide Service	19		Aide Service	2		Aide Service	6	
Caregiver Services	1		Case Assistance	2		Case Assistance	4	
Case Assistance	11		Case Management	4		Case Management	17	
Case Management	57		Discount Card	3		Health Promotion	24	
Discount Card	34		Health Promotion	6		Home Delivered Meals	19	
Health Promotion	38		Home Delivered Meals	5		Home Energy Assistance Program	53	
Home Delivered Meals	53		Home Energy Assistance Program	15		Insurance Counseling	53	
Home Energy Assistance Program	120		Insurance Counseling	10		Legal Assistance	7	
Insurance Counseling	139		Nutrition Education	10		Nutrition Counseling	6	
Legal Assistance	12		NY Connects	9		Nutrition Education	42	
Nutrition Counseling	14		Personal Emergency Response System	4		NY Connects	14	
Nutrition Education	75		Senior Center/Lunch Club 60	5		Personal Emergency Response System	10	
NY Connects	80		Transportation	2		Senior Center/Lunch Club 60	45	
Personal Emergency Response System	48		Weatherization	1		Transportation	6	
Senior Center/Lunch Club 60	56							
Transportation	21							

**AGING SERVICES PROVIDED BY TOWN**

**1/1/2012 - 12/31/2012**

<u>Huron</u>		<u>Lyons</u>		<u>Macedon</u>	
Program	# Served	Program	# Served	Program	# Served
39 residents served		277 residents served		143 residents served	
Aide Service	1	Aide Service	12	Aide Service	10
Case Assistance	1	Caregiver Services	2	Case Assistance	7
Case Management	3	Case Assistance	8	Case Management	26
Discount Card	1	Case Management	34	Discount Card	2
Health Promotion	5	Discount Card	14	Health Promotion	2
Home Delivered Meals	3	Health Promotion	15	Home Delivered Meals	21
Home Energy Assistance Program	17	Home Delivered Meals	45	Home Energy Assistance Program	41
Insurance Counseling	8	Home Energy Assistance Program	77	Insurance Counseling	46
Legal Assistance	2	Insurance Counseling	73	Legal Assistance	6
Nutrition Counseling	2	Legal Assistance	10	Nutrition Counseling	4
Nutrition Education	6	Nutrition Counseling	5	Nutrition Education	23
NY Connects	6	Nutrition Education	57	NY Connects	25
Personal Emergency Response System	1	NY Connects	44	Personal Emergency Response System	8
Senior Center/Lunch Club 60	6	Other	2	Senior Center/Lunch Club 60	5
Weatherization	1	Personal Emergency Response System	30	Transportation	6
		Senior Center/Lunch Club 60	24		
		Transportation	10		
		Weatherization	1		

**AGING SERVICES PROVIDED BY TOWN**

1/1/2012 - 12/31/2012

Marion

**119 residents served**

Program	# Served
Aide Service	4
Case Assistance	3
Case Management	14
Discount Card	12
Health Promotion	6
Home Delivered Meals	13
Home Energy Assistance Program	43
Insurance Counseling	31
Legal Assistance	3
Nutrition Counseling	4
Nutrition Education	17
NY Connects	13
Personal Emergency Response System	7
Senior Center/Lunch Club 60	5
Transportation	5

Ontario

**187 residents served**

Program	# Served
Aide Service	9
Caregiver Services	1
Case Assistance	3
Case Management	17
Discount Card	5
Health Promotion	32
Home Delivered Meals	21
Home Energy Assistance Program	65
Insurance Counseling	33
Legal Assistance	6
Nutrition Counseling	8
Nutrition Education	49
NY Connects	15
Personal Emergency Response System	12
Senior Center/Lunch Club 60	56
Transportation	4

Palmyra

**215 residents served**

Program	# Served
Aide Service	12
Case Assistance	2
Case Management	32
Discount Card	12
Health Promotion	11
Home Delivered Meals	32
Home Energy Assistance Program	69
Insurance Counseling	55
Legal Assistance	3
Nutrition Counseling	5
Nutrition Education	48
NY Connects	27
Personal Emergency Response System	24
Senior Center/Lunch Club 60	29
Transportation	14
Weatherization	3



**AGING SERVICES PROVIDED BY TOWN**

1/1/2012 - 12/31/2012

Walworth

69 residents served

Program	# Served
Aide Service	3
Case Assistance	2
Case Management	7
Discount Card	3
Health Promotion	6
Home Delivered Meals	8
Home Energy Assistance Program	18
Insurance Counseling	22
Legal Assistance	4
Nutrition Education	10
NY Connects	12
Personal Emergency Response System	5
Senior Center/Lunch Club 60	4
Weatherization	1

Williamson

201 residents served

Program	# Served
Aide Service	8
Case Assistance	5
Case Management	18
Discount Card	22
Health Promotion	11
Home Delivered Meals	19
Home Energy Assistance Program	57
Insurance Counseling	44
Legal Assistance	8
Nutrition Counseling	2
Nutrition Education	32
NY Connects	29
Personal Emergency Response System	16
Senior Center/Lunch Club 60	27
Transportation	4
Weatherization	1

Wolcott

168 residents served

Program	# Served
Aide Service	10
Case Assistance	4
Case Management	18
Discount Card	4
Health Promotion	32
Home Delivered Meals	16
Home Energy Assistance Program	65
Insurance Counseling	31
Legal Assistance	3
Nutrition Counseling	6
Nutrition Education	35
NY Connects	17
Personal Emergency Response System	11
Senior Center/Lunch Club 60	36
Transportation	9
Weatherization	1

**WAYNE COUNTY DEPARTMENT OF AGING AND YOUTH  
FUNDS SPENT BY PROGRAM AND TYPE OF SERVICE  
2012**

SERVICE CATEGORIES	TITLE III-B	CONGREGATE TITLE III-C-1	HDM TITLE III-C-2	TITLE III-D	TITLE III-E	EISEP	COMMUNITY SERVICES	CSI	SNAP	*OTHER*	TOTAL
Homemaking/Pers. Care	\$ 2,819				\$ 18,341	\$ 220,236	\$ 28,469				\$ 269,865
Housekeeping/Chore						\$ 7,120	\$ 16,851				\$ 23,971
Home Delivered Meals			\$ 43,944						\$ 193,593	\$ 37,561	\$ 275,098
Case Management				\$ 1,184	\$ 15,550	\$ 96,177	\$ 16,850		\$ 7,036	\$ 46,247	\$ 183,044
Congregate Meals		\$ 136,941							\$ 40,044		\$ 176,985
Nutrition Counseling			\$ 1,772						\$ 2,073		\$ 3,845
Transportation	\$ 11,876						\$ 24,679	\$ 2,789	\$ 5,749	\$ 10,369	\$ 55,462
Legal Assistance	\$ 8,790										\$ 8,790
Nutrition Education		\$ 7,686	\$ 746						\$ 720		\$ 9,152
Info & Assistance	\$ 54,013						\$ 29,112		\$ 9,544	\$ 138,428	\$ 231,097
Health Promotion				\$ 3,580						\$ 2,828	\$ 6,408
Per.Emerg. Response					\$ 2,210					\$ 59,010	\$ 61,220
Caregiver Services					\$ 1,170						\$ 1,170
LTC Ombudsman	\$ 19,850									\$ 14,818	\$ 34,668
Other*					\$ 1,520					\$ 58,833	\$ 60,353
Area Plan Admin.	\$ 10,761	\$ 16,995			\$ 5,752				\$ 11,155	\$ 210,612	\$ 255,275
CSE/EISEP/PLANNING						\$ 21,076	\$ 21,365				\$ 42,441
<b>TOTAL</b>	<b>\$ 148,100</b>	<b>\$ 145,622</b>	<b>\$ 43,716</b>	<b>\$ 5,164</b>	<b>\$ 24,713</b>	<b>\$ 344,609</b>	<b>\$ 137,320</b>	<b>\$ 2,789</b>	<b>\$ 102,913</b>	<b>\$ 578,706</b>	<b>\$ 1,098,844</b>

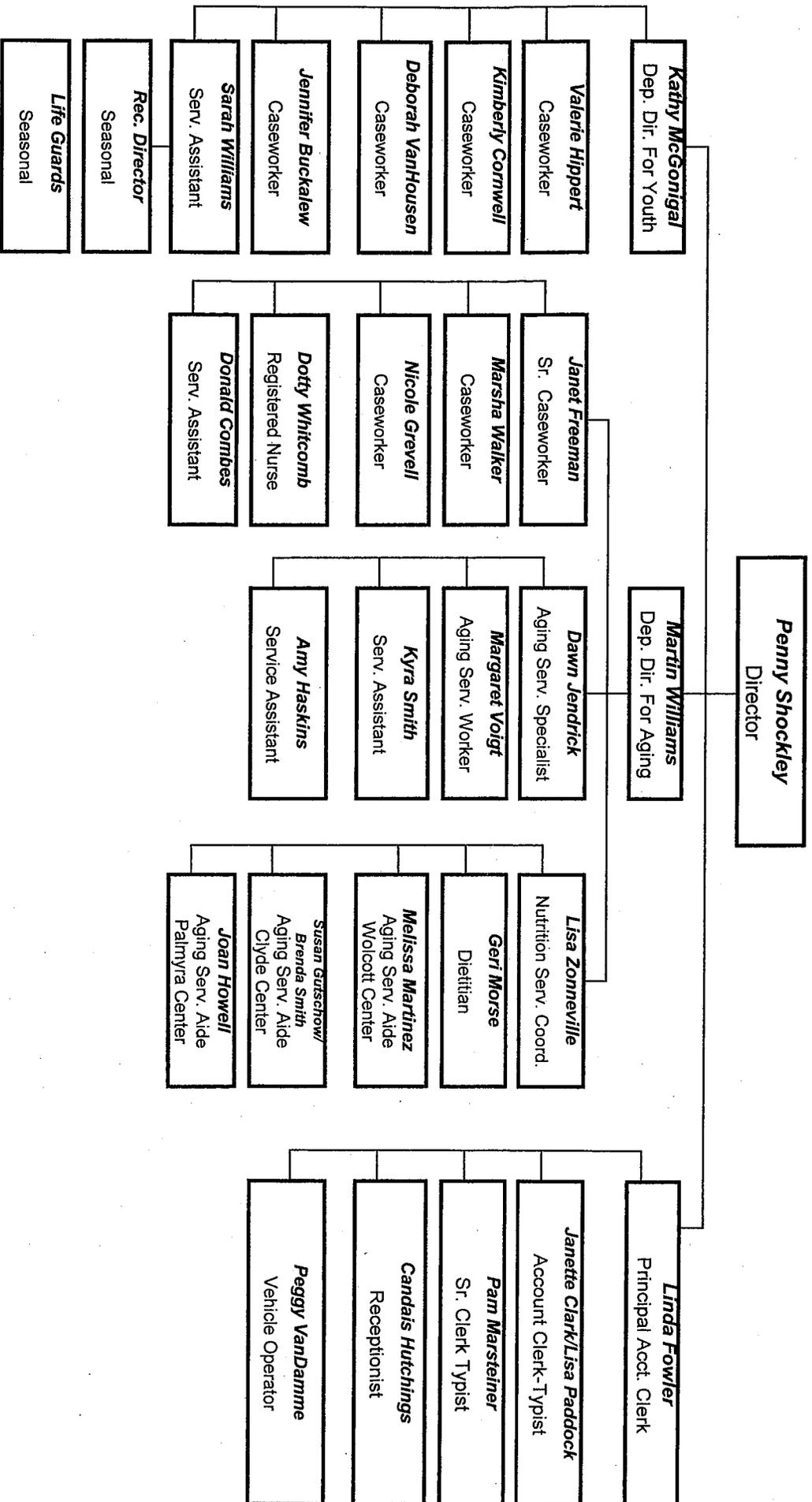
NOTE: SPECIAL PROJECT FUNDS FOR HELP LINE ARE NOT INCLUDED. NOT ALL FUNDS IN GRANTS PASS THROUGH THE COUNTY BUDGET. COSTS PER UNIT OF SERVICE CANNOT BE CALCULATED BECAUSE OF VARIABLE PROGRAMMATIC REQUIREMENTS THAT SKEW THE FIGURES.

\*Due to reporting system changes the 'Other' category includes the services of Employment, Energy Assistance, Discount Cards, Public Information, and WRAP.

\*OTHER\* funding column includes the WRAP, USDA, HHCAP, LTCOP, Title V, Wayne County, Title VII, Transportation, NY Connects and HEAP funding sources.

# WAYNE COUNTY DEPARTMENT OF AGING AND YOUTH

## 2012



# YOUTH SERVICES

## Overview

The Department of Aging and Youth, with the support of the Youth Advisory Board, is responsible for determining the need, planning, resource development, resource allocation, and monitoring of youth programs that are funded by the New York State Office of Children and Family Services (OCFS). Funds are allocated to agencies to provide programs for youth under twenty-one years of age that focus on preventive services, runaway and homeless youth, juvenile justice, education, recreation and youth development.

In the fall of 2011 The Child and Family Service Plan for the period 2012-2016 was developed as a joint collaboration of the Dept. of Aging and Youth (A&Y) and the Dept. of Social Services (DSS). The Plan identified prevention and youth development services as the two components that would have the most impact on youth in Wayne County for less cost. Unfortunately, due to reductions in youth services funding, prevention services are first to feel the impact. OCFS funds have been reduced by 60% over the last six years. The reduction of funds has made it extremely difficult to enhance preventive and youth development services.

### **Enhanced Collaboration and Strategic Planning**

One positive result of the budget reductions throughout Wayne County is that agencies realize that the most effective way to continue serving youth and families is by joining forces with other agencies. In the fall of 2011, A&Y started working closely with approximately 20 individuals to develop a Strategic Prevention Plan. This interagency collaboration included the faith-based community, local government, mental health services, health education, youth programs, criminal justice, schools, substance abuse treatment services and parents.

The Strategic Prevention Plan Committee was facilitated by Rob Lillis, a Planning, Research, and Evaluation Consultant. The consultant was funded by a Lyons, North Rose/Wolcott and Clyde Savannah school based grant. Goals and objectives were developed by evaluating middle and high school student Protective/Risk surveys. Based on the need, the group identified evidenced based prevention strategies with the greatest potential to reduce alcohol, tobacco and other drug abuse, as well as other behaviors such as bullying, depression, and self-injury.

In May 2012, the planning committee formally became the **Wayne County Partnership for Strengthening Families** (WCPSF). The lead agency for the WCPSF is the Dept. of Aging and Youth. The WCPSF has a membership of over 30 individuals in Wayne County that are committed to providing excellent service to families despite limited resources.

The WCPSF meets on a monthly basis. Starting in 2013, the WCPSF will be working on identifying objectives and strategies in an effort to address the Partnership's three main goals. The three goals are: increase academic performance, improve behavioral health, and improve support systems for families.

It is the intent of the Youth Department to continue collaboration efforts in 2013 to include public agencies, private agencies, school districts and citizens in an effort to use limited resources most efficiently. Assessing needs and strategic planning will hopefully help the county use limited funds to meet the needs of youth and families.

## 2012 Youth Department Accomplishments

### *Families and Communities Together (FACT)*

The Department of Aging and Youth is the lead agency in the county for the Coordinated Children's Services Initiative (CCSI). The goal to reduce out of home placement for Wayne County children was a priority again in 2012. Families and Communities Together (FACT) is an interagency initiative designed to assist families with children who are having difficulty in their homes, school or community and are at risk for placement. FACT served **148 youth** and **95 families** in the year 2012. Over **a million dollars (\$1,075,000)** was saved because out of home placements were averted due to the FACT process. That is the greatest savings since the program began in 2001.

In January 2011 and again in 2012, FACT contracted with the Sodus Central School to provide FACT services for children grades 9-12. As part of the Safe Schools/Healthy Schools grant Sodus Central School expanded services to include high school students and their families that are in need of services. This population was targeted to help prevent youth from dropping out of school.

The Dept. of Aging and Youth contracted with the Lyons, North Rose-Wolcott, and Clyde-Savannah school districts to provide additional FACT services to youth in grades K-12. The Extended School Day/School Violence Prevention grant made the additional FACT services possible. The Dept. of Aging and Youth was able to hire a fourth FACT Coordinator for the additional workload.

### *Parent Education Training-Pilot Program*

In May 2012 all four FACT Coordinators were trained as facilitators for the evidence-based parent education program, *Incredible Years*. Two FACT Coordinators worked closely with the Clyde-Savannah school district to provide a eight session parent education class for parents of pre-k and kindergarten students. The program was well received by parents and there was nearly a 90% success rate.

### *2012 Youth and Family Forum*

In February the Youth Dept. hosted a countywide Youth and Family Forum. Over 30 agencies presented services their agency offered and/or presented information as a vendor at the event. Individuals from school districts, county agencies, non-profit agencies, and the faith-based community took part in the event. The Forum was an opportunity to gather information and network with agencies. The plan is to make the Forum an annual event.

## ***Wayne County Middle School Youth Conference***

Aging and Youth was the lead agency in organizing a full day, asset-based, countywide Youth Conference. Students participated in various workshops. Topics included healthy relationships, self-esteem, anger management, leadership, fitness and healthy habits. Cornell Cooperative Extension, East Hill Medical, WC Public Health, Wayne County Action Program and the Victim Resource Center all presented workshops. The conference began with a demonstration from the Wayne County Sheriff's Dept. K-9 Unit which was very informative to the youth. The Youth Conference was sponsored by the Extended School Day/School Violence Prevention Grant.

## ***Recreation***

In 2012, nearly 10,000 individuals utilized Sodus Point Park for swimming, picnicking and relaxing. The Youth Department hired and supervised a team of lifeguards that provided an exceptional service to the public. Also, Sodus Point Park was one of the few parks in the area that was able to remain open nearly everyday because of good water quality.

In August the Department of Aging and Youth was the lead organizer for a triathlon at Sodus Point. Over two hundred people participated in the event.

## Youth Department Direct Services

### Families and Communities Together (FACT)

The Family and Communities Together (FACT) primary goal is to enhance family functioning by providing coordinated, individualized services to at-risk children and their families in order to prevent more invasive and costly interventions such as, juvenile justice/ family court, residential/correctional placements or alternative school placements.

FACT is designed to assist families with children who are identified as high-risk of placement due to emotional or behavioral challenges. The FACT initiative serves eight school districts in Wayne County: Clyde-Savannah, Lyons, Marion, Newark, North Rose-Wolcott, Palmyra-Macedon, Sodus, and Williamson. The FACT mission is to provide better oversight, coordination and collaboration of existing services to improve families' success of remaining intact.

Since the inception of the program in 2001, FACT has continued to grow in both the number of school districts served, as well as, increasing the target population age from elementary students to including middle school students in 2002/2003. In 2011, the FACT Program expanded to K-12 grades in four schools (Sodus, Clyde-Savannah, North Rose-Wolcott, and Lyons). Schools are the primary referral source of FACT. They are frequently the first to identify the behavioral indicators that could potentially lead the youth to future placement. FACT is an appropriate intervention prior to schools initiating PINS/court involvement.

The operating budget for the FACT program consists of multiple funding sources. In 2012, revenue sources to support this effort were New York State Office of Children and Family Services, Office of Mental Health Reinvestment dollars, the Bullis Foundation, Wayne County and eight contracting schools.

In 2012, FACT worked with **148** youth from **95** families. The school systems and youth serving agencies identified **25** of these youth were on the threshold of placement on the referral. A post evaluation completed by the referral sources revealed that **5** educational, **15** foster care, **2** residential and **3** psychiatric placements were averted, **saving approximately \$1,075,000** plus educational costs. **This year, the amount of savings in placement cost was the highest since the inception of the FACT Program in 2001.** (See 2012 FACT Annual report)

FACT, for the first time, also measured goal performance of the families participating in the program. The goals were split up into four categories as follows:

- Family's basic needs
- Parents goals
- School related goals
- Youth goals

Seventy-six percent of the goals set for the families and individuals in the family were obtained. (See 2012 FACT Annual Report)

# FACT (Families and Communities Together)

## ANNUAL REPORT

January – December 2012

CHILDREN	#	FAMILIES	#
New	83	New	52
Carried Over	65	Carried over	43
Total Children	148	Total Families	95

### Cases per School District Number of Families

SCHOOL	NEW	CARRIED OVER	TOTAL
Clyde-Sav	8	2	10
Lyons	6	8	14
Marion	0	0	0
Newark	10	6	16
NR-Wol	7	8	15
Pal Mac	5	9	14
Sodus	15	10	25
Williamson	1	0	1
<b>TOTAL</b>	<b>52</b>	<b>43</b>	<b>95</b>

### Goal Performance Measurements

Category	# of Goals Set	Obtained	Not Obtained
Family's Basic Needs	99	87 (88%)	12 (12%)
Parent(s) Goals	106	68 (64%)	38 (36%)
School related Goals	110	88 (80%)	22 (20%)
Youth Goals	119	85 (72%)	34 (28%)
<b>Total # of goals</b>	<b>434</b>	<b>328 (76%)</b>	<b>106 (24%)</b>

### January – December 2012 PLACEMENTS AVERTED

TYPE	# OF CHILDREN*	ESTMATED SAVINGS	AMOUNT PER PLACEMENT PER YR
Educational	5	\$250,000 (approximately)	\$50,000
Foster Care	15	\$165,000 plus educational costs	\$11,000
Residential	2	\$210,000 plus educational costs	\$105,000
Psychiatric	3	\$450,000 plus educational cost	\$150,000
<b>TOTAL</b>	<b>25</b>	<b>\$1,075,000 plus educational costs</b>	

\*Children were identified at risk of placement by the referral source.

## **Wayne County Runaway Program**

The Department of Aging and Youth provided direct service for the Runaway Program starting in 2009. The Wayne County Runaway Program is a non-residential program that serves youth ages 12-17 with the goal of reuniting runaways with their families. Services provided by the Runaway Program include case assessment, case management, referral information, family mediation, and crisis respite. In 2012 the Runaway Program received 37 helpline calls. Most helpline calls come from personnel in school districts. Seven youth and their families received case management services. All the families that received case management services were able to work on their issues and remain as a family unit.

The Runaway Program provides interactive presentations on runaway prevention. These presentations cover youths' rights and responsibilities when making decisions about running away from home. Also, the rights and responsibilities of the parents are discussed in the presentations.

## **Sodus Point Park**

Approximately **9,500 individuals** utilized Sodus Point Park for swimming, picnicking and relaxing during the 2012 season. The Department of Aging and Youth administers the Wayne County Sodus Point Beach public beach swim program. The Department works very closely with the NYS Department of Health and adheres to strict state regulatory guidelines, regarding water quality and safety issues.

During the 2012 season, the water clarity and color was good. This is a vast improvement over 2010 beach closure rate. In 2010, the lake-side beach was closed for 19 days attributable to seaweed causing diminished visibility and for an additional 2 days, due to e-coli bacteria levels testing higher than DOH recommended guidelines. In 2012, the lakeside beach was closed for 3 days. (See Sodus Point Park Report)

**Wayne County  
Sodus Point Park  
2012 Season**

Census

Random Sample of Patrons - Collected by SPP Staff  
Approximately 10% of all visitors were polled

	Youth	Adults	Total
Wayne County Residents	188	202	390
NYS (Non Wayne Co.) Residents	159	139	298
Out of State Visitors	87	141	228
Out of Country Visitors	27	31	58
<b>Totals</b>	<b>461</b>	<b>513</b>	<b>974</b>

▪ **Town Breakdown**

Arcadia	87	Ontario	24
Galen	19	Palmyra	20
Huron	10	Rose	32
Lyons	25	Sodus	76
Macedon	2	Williamson	10
Marion	17	Wolcott	68

▪ **Out of State visitors include:**

- |                   |                    |
|-------------------|--------------------|
| 1. Alabama        | 13. Montana        |
| 2. Arkansas       | 14. Nebraska       |
| 3. California     | 15. New Hampshire  |
| 4. Colorado       | 16. New Jersey     |
| 5. Connecticut    | 17. North Carolina |
| 6. Delaware       | 18. Pennsylvania   |
| 7. Florida        | 19. Tennessee      |
| 8. Illinois       | 20. Texas          |
| 9. Indiana        | 21. Utah           |
| 10. Massachusetts | 22. Virginia       |
| 11. Michigan      | 23. Washington     |
| 12. Mississippi   |                    |

▪ **Out of Country visitors include:**

Belgium, Canada, China, France, Germany, Italy, Jamaica, Philippines, South Africa

- 9,330 visitors

- Lakeside beach closures: 3 Full Day Closures  
(2 days for E.Coli and 1 day for Seaweed)

- Bayside closures: 1 Full Day Closure  
(Suspected Blue-Green Algae)

## Youth Department Contract Services

### ARC Vacation Camp

The 2012 ARC Vacation Day Camp provided services for 46 youth, ages 4-20. This is almost three times the number of participants served in 2009. ARC was able to increase the number of Staff and as a result, serve more youth. ARC has seen an increase in autistic children in the Day Camp. Autistic children have done well in smaller groups and the extra staff makes this possible. Youth enjoyed field trips and various active sports such as swimming, bowling, and roller-skating.

### Family Counseling Service of the Finger Lakes

The Youth Department contracts with Family Counseling Service of the Finger Lakes, Inc. (FCSFL) to provide counseling services to youth and their families. In 2012, individual and family counseling services were provided to **185 youth**. Compared to the number of youth counseled in 2011, this is over a 40% increase. Many of the FACT families received counseling services through FCSFL. The agency provides office hours in two locations, Newark and Sodus. Also, FCSFL has evening hours. Location and extended hours have been beneficial in serving families in need of counseling services.

### Pre-Trial Diversion Services

The Diversion Program is for youth 16-21 years of age who have committed a crime and may be served more successfully in a non-traditional court process. Diversion services are an option for individuals that court feels would benefit from a coordinated treatment program of counseling and supportive services. In 2012 Pre-Trial Diversion worked with **82 clients** that received individual service plans and client-based assessments. This is a decrease from previous years. Pre-Trial Services will be working closely with the Wayne County Criminal Justice Council to determine why such a decrease in the number of Diversion clients occurred. One consideration is that there has been a trend for judges deciding to adjourn cases contemplating dismissal (ACD) rather than referring the cases to Diversion Services. **Sixty-five percent** of the Diversion clients in 2012 successfully met the goals of their contract and were favorably discharged from the program. **Eighteen percent** decided to go through the court process rather than Diversion. **Twelve percent** of the individuals were unsuccessful with Diversion Services. This is a good success rate, considering that in 2012, there was an increase in complex cases that included mental health issues and substance abuse.

### **Pre-Trial Homeless Program**

Wayne Pre-Trial Services, Inc. served **39 youth** ages 16-21 in the Homeless Program. The communities with the highest percentage of homeless youth served by the program were Newark (33%) and Palmyra (17%). The program defines a homeless youth as a person under the age of 21 who is in need of services and is without a stable place of shelter. The Homeless Program provides services such as short-term crisis management assisting the youth to obtain shelter, food, and clothing; crisis intervention; counseling; case management; and independent living skills. Individualized treatment plans are provided that include weekly counseling, academic services and vocational training.

### **Wayne County Action Program Family Education**

Wayne County Action Program (WCAP) provides in-home parent education and anger management curriculums to FACT families. **Twenty-four families** were served in 2012. WCAP provided families with curriculums such as:

- Parents Interested in Nurturing Effectively (parents with children ages 0-8)
- Guiding Good Choices (parents of children 9-14)
- Staying Connected with Your Teen (parents of youth 12-18)
- Seeing Red (anger management education for elementary/middle school children)
- Fire Cracker (anger management education for parents)

### **Wayne County Action Program Intensive Crisis Respite**

WCAP Intensive Respite Program provides crisis respite services for youth in the FACT Program, the Runaway Program, and the Homeless Program. In 2012, WCAP did not need to provide any crisis respite to the previously mentioned programs.

## Recreation

### Recreation Programs

Fourteen municipalities received OCFS funding that enhanced youth programs in 2012. No two youth programs are alike as each municipality develops programs unique to the needs of its youth population. Some towns/villages have community centers with year-round programs; some provide a summer only program utilizing school buildings. Not all recreation programs in Wayne County receive OCFS funding. As previously mentioned, programs, including recreation programs, continue to have funding reduced. Despite cuts in allocations, recreation programs throughout the county provide quality programming to youth. The chart below shows the number of participants in youth programs that received state funding in 2008 – 2012.

### **Number of youth served in Wayne County Recreation Programs:**

<b>PROGRAM</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>	<b>2011</b>	<b>2012</b>
T/Arcadia Recreation/ V/Newark Rec	4443	4446	3650	3725	<b>3725</b>
T/Arcadia Counseling Referral	50	51	30	24	<b>25</b>
T/Butler, Red Creek, Wolcott	259	274	190	220	<b>260</b>
Arcadia Cultural Aware/Employment	75	78	50	52	<b>35</b>
V/Newark Juvenile Aid	3417	3145	3417	3417	<b>3417</b>
T/Galen/Village of Clyde Recreation	147	53	84	220	<b>55</b>
T/V Lyons Recreation	1900	1900	1000	1950	<b>1950</b>
T/V Lyons Service	1900	1900	1000	1950	<b>1950</b>
T/Macedon	1200	1298	1452	1479	<b>1280</b>
T/V Palmyra Recreation	1880	1950	1685	1525	<b>2125</b>
T/V Sodus Recreation	114	99	90	150	<b>95</b>
V/Sodus Point	212	218	86	212	<b>0</b>
T/Walworth	n/a	n/a	n/a	n/a	<b>800</b>
T/ Williamson	117	108	96	75	<b>75</b>
<b>TOTAL</b>	<b>15,994</b>	<b>15,900</b>	<b>13,191</b>	<b>14,999</b>	<b>15,792</b>

*Wayne County Youth Board  
Member List 2012*

Name	Employer	Community / Professional Affiliation
<b>DiCraсто, Don</b> Chairperson	Faith Community Rep.	Scarlet Thread Ministries
<b>Johnson, Donna</b> Vice-Chairperson	Wayne County Action Program	Marion SOC, Maion Food Pantry Board, WCAP
<b>Campbell, William S.</b>	Palmyra Community Center	Director, Palmyra Community Center
<b>Crane, Laurie</b>	Town of Huron	Board of Supervisors, Comm 7 Chairperson
<b>Crespo, Michael</b>	Youth Advocate Program	Director
<b>Derue, Debra</b>	N/A	Town of Williamson Rep.
<b>DiCastro, Jon</b>	Student	
<b>Frey, Elizabeth</b>	Student	
<b>Gamba, Rebecca</b>	Lyons CSD	Grant Administrator
<b>Hunt, Ed</b>	WBHN	Deputy Director
<b>Jones, Mary A.</b>	NYS- Retired	Town of Galen Rep.
<b>McFaul-Frey, Laurie</b>	Sodus Rec.	Town of Sodus Rep.; President Sodus Rec. Assoc.
<b>Muscolino, Michael</b>	Alex Eligh Community Center Inc.	Rec. Council Rep.; NYS High School Coaches Assoc.; ASA Softball Assoc. ; Newark Rotary; Newark Lodge 1249; Palmyra Moose Lodge
<b>Phillips, Pam</b>	Wayne County Probation Dept.	WC Probation Rep.
<b>VanAcker, Susan</b>	Wayne Central School	Town of Huron Rep.; Boys Scouts Exec. Council; Lakes Work Experience; Asset Committee, WC Farm Bureau
<b>VanDongen, Valerie</b>	Newark Skate Park	Town of Arcadia Rep.; Skate Park Rep.
<b>Van Lare, Jackie</b>	Town of Walworth	Walworth Rec

