

Things to take

Clothing and Bedding:

- Two blankets or a sleeping bag
- Two complete changes of clothing
- Pillows and sheets

Medical Supplies:

- Prescription medications
- First Aid Kit

Personal Items:

- Toilet articles, soap and towels
- Credit cards, checkbook, cash
- Flashlight and extra batteries
- Car registration
- Transistor radio with extra batteries

Do not take

- Illegal substances
- Alcoholic beverages
- Firearms of any kind