

Promoting independence, dignity, health, and quality of life

Insurance and NY Connects

NY Connects

Long Term Care Services and Supports

Long Term Care Insurance Options

Medicare Insurance Counseling

**WAYNE COUNTY
DEPARTMENT OF
AGING AND YOUTH**

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**Help is
only a
phone call
away!**

NY Connects: Your link to long term services and supports

NY Connects is part of a statewide initiative to provide a single, coordinated system for accessing the spectrum of long-term care services and supports. Long-term care services and supports include a range of services that can help people of all ages remain independent and maintain or improve daily functioning and health. Everything from home delivered meals and transportation options to aide service and care at a nursing home falls into this category of services. We assess an individual's needs, match these needs with community resources, and assist the senior or a family member with arranging appropriate services. Learn about what levels of care are available, how to research services and facilities, how to pay for long term care, and other important issues. Services are provided at no cost.

Community Options Counseling—Our trained counselors can answer a variety of your questions about in-home and community-based services to keep a loved one at home and away from institutional levels of care.

Long Term Care Counseling— Our trained counselors can answer your questions about the process of placing a loved one in assisted living or nursing homes or other residential care options. We can also help you to review a long term care insurance plan you may have previously purchased.

Medicare Insurance Counseling

The Department of Aging and Youth is an excellent resource for unbiased information about Your Medicare insurance options. We offer monthly Medicare 101 and 102 classes for people who are just getting started to get used to the terminology and introduced to their options. We also offer individual 1 on 1 appointments with a trained Medicare insurance Counselor to review your specific situation and look over which Medicare options might be right for you. We won't be selecting any plans for you, but can hopefully answer your questions and provide you with information so that you are comfortable with the choice you make. We can also assist with billing questions and coverage questions or looking at options for programs that may help with some of the out of pocket costs that come with Medicare.